

BRAIN INJURY ORGANIZATIONS



Brain injury can be hard to see and understand, but at Brain Injury Alliance of Colorado, we get it. We know each person with a brain injury is unique and can be struggling with so many things. Every day, we provide the support, connections, and available resources that survivors and their support network need. Because when we do, survivors of a brain injury have a chance to thrive.

Resources

- Adult classes and workshops
- Resource navigation
- Peer mentorship program
- Education consultation
- 6- month individualized self-management and skill-building workshop

 [BIACOLORADO.ORG](https://biacolorado.org)

 [INFO@BIACOLORADO.ORG](mailto:info@biacolorado.org)

The Concussion Legacy Foundation supports athletes, veterans, and all affected by concussions and CTE, to promote smarter sports and safer athletes through education and innovation, and to end CTE through prevention and research. Our vision is a world without CTE, and concussion safety without compromise.



Resources

- Brain bank
- Personal stories
- Resource center

 [CONCUSSIONLEGACYFOUNDATION.ORG](https://concussionlegacyfoundation.org)

 [INFO@CONCUSSIONFOUNDATION.ORG](mailto:info@concussionfoundation.org)



Resources

- Free community retreats (Maine and Colorado)
- 6-week virtual mindset and group discussion programs

The Love Your Brain Foundation is a non-profit organization that improves the quality of life of people affected by traumatic brain injury and raises awareness about the importance of brain health.

 [LOVEYOURBRAIN.COM](https://loveyourbrain.com)

 [INFO@LOVEYOURBRAIN.COM](mailto:info@loveyourbrain.com)

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The Concussion Community offers an online place for all people who are dealing with post-concussion / TBI symptoms. Connect with professional concussion experts and with others in the same situations.



**THE CONCUSSION
COMMUNITY**

 [THECONCUSSIONCOMMUNITY.COM](https://www.theconcussioncommunity.com)

 [INFO@THECONCUSSIONCOMMUNITY.COM](mailto:info@theconcussioncommunity.com)

Resources

- The Concussion Community
- 5-Week Cognitive Exercise Course
- 2-Week Interval Training



ARC is a growing community of families affected by aphasia. People with aphasia and their care partners often experience loneliness and the frustration of living in a world that doesn't always "get it." We aim to end the isolation with a variety of virtual programming, events, and resources. We welcome you to explore our site so you can connect with other families, get advice, and share your own experience.

Resources

- Virtual Connections
- Weekly dance and movement classes
- Friends and family information sessions
- Aphasia cruises
- Talk tools

 [APHASIARECOVERYCONNECTION.ORG](https://www.aphasiarecoveryconnection.org)



Concussed. works to support those suffering from traumatic brain injury and persistent concussion symptoms (PCS). We build community and curate resources aimed at targeting physical, mental, and emotional healing.

Resources

- Academic coaching
- Mentorship opportunities
- Retreats

 [CONCUSSEDCAIT.COM](https://www.concussedcait.com)

 [CONCUSSEDCAIT@GMAIL.COM](mailto:concussedcait@gmail.com)